



Vantaa

Girls' Space's spring 2025

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Young Mothers from 13-15 (starting from 20.1)

For mothers under the age of 28 and their children

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Changing activities from 16-18, for 10-28 year-olds

Art afternoons: 21.1, 11.3, 22.4, 6.5

Baking days: 4.2, 4.3,

Self care evenings: 28.1, 11.2, 15.4, 13.5

Movie nights: 25.2, 8.4

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Changing activities from 15-17, for 10-28 year-olds

Art afternoons: 5.2, 26.2, 26.3, 9.4

Baking days: 22.1, 16.4

Movie nights: 29.1, 19.3, 7.5

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Vantaa Queer Space from 16-19 (starting from 30.1)

For 16-29 year-olds, in "Etsivien Talo" (Ratatie 2)

SEXUAL COUNCELLING - Mirka

By appointment: mirka.lahtinen@nicehearts.com tai
p. 044 493 8951

SEXUAL THERAPY - Päivi

By appointment: ajanvaraus@nicehearts.com

Lummetie 2A
4th floor
Tikkurila
Vantaa

Vantaa Girls' Space is a relaxed meeting place in Tikkurila for girls and young women aged 10-28, with gender diversity and respect for self-determination. Everyone is welcome to join in just as they are.

At Tyttöjen Tila's group activities you can come and spend time, meet new people and take part in a variety of guided activities. Girls' Space also has a sexual therapist and a sexual counsellor, who you can see by appointment if you have questions or thoughts about your sexuality.

If you wish, you can also book an introduction to find out more about what we do.

**For more information: Sanna Heikkinen
p. 050 366 7994 or sanna.heikkinen@nicehearts.com**

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- Girls' Space's groups do not require signing up, unless stated otherwise.
- You can also join in during the season
- All our groups are free of charge
- Our groups observe safer spaces guidelines
- We reserve the right to limit the amount of participants that are in each group so that groups do not become too crowded and all participants can feel at ease.
- Cancellations will be announced via IG and also our website.
- Unfortunately our facilities are not fully accessible

Welcome!



TYTTÖJEN
TILA



VANTAANTYTTOJENTILA



VANTAAN TYTTÖJEN TILA



VANTAANTYTTOJENTILA

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