

autumn 2024



## Young Mothers from 13-15 (starting from 9.9)

For mothers under the age of 28 and their children



Changing activities from 16-18, for 10-28 year-olds

**Art Tuesdays:** 27.8, 24.9, 29.10, 26.11 **Baking Tuesdays:** 3.9, 1.10, 5.11, 3.12

Theme Nights: 10.9, 8.10, 12.11 Movie Nights: 17.9, 22.10, 19.11



### Friendship Café from 16-18

For 10-28 year-olds

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Vantaa Queer Space from 16-19 (starting from 5.9)

For 16-29 year-olds, in "Etsivien Talo" (Ratatie 2)

Romani Youth Evenings from 17-19 (starting from

5.9) For 12-18 year-old romani girls

#### SEXUAL COUNCELLOR - Mirka

By appointment: mirka.lahtinen@nicehearts.com tai p. 044 493 8951

#### **SEXUAL THERAPY - Päivi**

By appointment: ajanvaraus@nicehearts.com

**Lummetie 2A** 4th floor Tikkurila Vantaa

Vantaa Girls' Space is a relaxed meeting place in Tikkurila for girls and young women aged 10-28, with gender diversity and respect for self-determination. Everyone is welcome to join in just as they are.

At Tyttöjen Tila's group activities you can come and spend time, meet new people and take part in a variety of guided activities. Girls' Space also has a sexual therapist and a sexual counsellor, who you can see by appointment if you have questions or thoughts about your sexuality.

If you wish, you can also book an introduction to find out more about what we do.

For more information: Laura Listomaa p. 044 763 5563 tai laura.listomaa@nicehearts.com



- Girls' Space's groups do no require signing up, unless stated otherwise.
- You can also join in during the season
- All our groups are free of charge
- Our groups observe safer spaces guidelines
- We reserve the right to limit the amount of participants that are in each group so that groups do not become too crowded and all participants can feel at ease.
- Cancellations will be announced via IG and also our website.
- Unfortunately our facilities are not fully accessible

# Welcome!



VANTAANTYTTOJENTILA



VANTAAN TYTTÖJEN TILA







