## What is StrongWoman (WahvaNainen) service?

WahvaNainen-service is for all women with immigrant background. In our women's groups, you get to meet and spend time with other women from all over the world. You can also get support and advice for your daily challenges from our counselor.

You don't need to have good Finnish language skills to participate!

## **Counseling service:**

Our counselors can help you with:

- Applying for apartment
- Using online services (bank, Wilma, Kela, TE office...)
- Filling in Kela forms
- Making doctor appointments
- Family issues
- ...And many other things!

Call or send a message to make an appointment!

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